



## Olivia Hicks

I'm Olivia Hicks, a Hobart based journalist and newsreader. I graduated from the University of Tasmania in 2011 and worked for 5 years being a TV news reporter, before moving to radio news where I currently work at the largest commercial radio network in Tasmania.

I was diagnosed with severe endometriosis at the age of 26 in 2015, 13 years after my symptoms began. I suffered from chronic, agonising pain every month, fatigue, bowel and bladder issues, heavy bleeding, digestion issues, as well as

constant bloating. The impacts of the disease aren't just physical, either, but financial and emotional. It can be hard to function like a 'normal' human being when Endo is involved. Cancelling plans, too many sick days to count, the ongoing medical costs, debt, tiredness, struggling to sleep, wanting to be physically active, but can't because of the pain, relationship strain, stigma, trips to the ED, surgeries and procedures... the list goes on.

I became an Endometriosis Australia Ambassador shortly after my diagnosis, because I wanted to help women and girls manage this disease on a daily basis. Scientists are working tirelessly trying to find answers and better treatments, while awareness continues to spread. This is where I found my passion - helping those with this chronic illness realise they are not alone.